



M.SC COUNSELLING PSYCHOLOGY
CURRICULUM - SEMESTER PATTERN 2025-2026

S. No.	Course Category	Course Type	Course Code	Course Title	L	T	P	C	S	TCH / week	Total hours
SEMESTER - I											
1	PC	TP	HCP12001	Theory & Practice of Counselling and Psychotherapy-1	2	0	2	3	0	4	60
2	PC	TP	HCP12002	Psychological Assessments	2	0	2	3	0	4	60
3	PC	TP	HCP12003	Biological Foundations of Behaviour	2	0	2	3	0	4	60
4	PC	TP	HCP12004	Developmental Counselling	2	0	4	4	0	6	90
5	PC	TP	HCP12005	Clinical Psychology in Medical Settings	2	0	2	3	0	4	60
6	PC	TP	HCP12006	Counselling for Children	2	0	2	3	0	4	60
TOTAL					12	0	14	19	0	26	390

L-Lecture, T- Tutorial, P- Practical, C- Credits, S- Self study, TCH- Total Contact Hours

S. No.	Course Category	Course Type	Course Code	Course Title	L	T	P	C	S	TCH /week	Total hours
SEMESTER - II											
1	PC	TP	HCP12007	Theory & Practice of Counselling and Psychotherapy-II	2	0	2	3	0	4	60
2	PC	TP	HCP12008	Introduction to Research Methodology	2	0	2	3	0	4	60
3	PC	TP	HCP12009	Psychopathology	2	0	2	3	0	4	60
4	PC	PR	HCP12010	Counselling & Psychotherapy Practicum	0	0	4	2	0	4	60
5	PC	TP	HCP12011	Family, Marital and Workplace Counselling	2	0	2	3	0	4	60
6	PC	TP	HCP12012	Adolescent Counselling	2	0	2	3	0	4	60
7	PC	TP	HCP12013	Pre-marital Counselling	2	0	2	3	0	4	60
8	BS	PR	HCP12014	Research Proposal	0	0	4	2	0	4	60
TOTAL					12	0	20	22	0	32	480

L-Lecture, T- Tutorial, P- Practical, C-Credits, S- Self study, TCH- Total Contact Hours

S. No.	Course Category	Course Type	Course Code	Course Title	L	T	P	C	S	TCH /week	Total hours
SEMESTER - III											
1	PC	TP	HCP12015	School Counselling	2	0	2	3	0	4	60
2	PC	TP	HCP12016	Personality Training and Development	2	0	2	3	0	4	60
3	PC	TP	HCP12017	Quantitative and Qualitative Research Methods in Counselling Psychology	2	0	2	3	0	4	60
4	PC	TP	HCP12018	Community Psychology: Theory and Practice	2	0	4	4	0	6	90
5	PC	TP	HCP12019	Psychotherapeutic modalities	2	0	2	3	0	4	60
6	PC	TP	HCP12020	Addiction Counselling	2	0	4	4	0	6	90
7	IN	PR	HCP12800	Internship - I	0	0	4	2	0	4	60
TOTAL					12	0	20	22	0	32	480

L-Lecture, T- Tutorial, P- Practical, C-Credits, S- Self study, TCH- Total Contact Hours

S. No.	Course Category	Course Type	Course Code	Course Title	L	T	P	C	S	TCH /week	Total hours
SEMESTER - IV											
1	PC	PR	HCP12021	Clinical Training and Supervised - Clinical Practicum	0	0	4	2	0	4	60
2	PJ	PR	HCP12800	Project Dissertation	0	0	10	5	0	10	150
3	PC	TP	HCP12022	Career Counselling	2	0	2	3	0	4	60
4	PC	TP	HCP12023	Crisis Intervention and Trauma Counselling	2	0	4	4	0	6	90
5	HS	TP	HCP12024	Writing Resumes and Covering Letters	2	0	2	3	0	4	60
TOTAL					6	0	22	17	0	28	420
L-Lecture, T- Tutorial, P- Practical, C- Credits, S- Self study, TCH- Total Contact Hours											

TOTAL CREDITS FOR FOUR SEMESTER PROGRAMME

S. No.	Semester	No. of Credits
1	I	19
2	II	22
3	III	22
4	IV	17
TOTAL		80

COURSE TYPE		No. of Credits
Theory with Practical	TP	67
Practical	PR	13
TOTAL		80

COURSE CATEGORY		No. of Credits
HS	Humanities & Social Science	3
BS	Basic Science	2
PC	Professional Course	68
PJ	Project	5
IN	Internship	2
TOTAL		80

HITS-IMAX Coordinator

Dean SoHS

Director - IQAC

Dean Academics

Vice Chancellor