



HINDUSTAN
INSTITUTE OF TECHNOLOGY & SCIENCE
(DEEMED TO BE UNIVERSITY)



School of Basic and Applied Sciences
Department of Physical Education & Sports Sciences

**UNLEASH
THE
CHAMPION
WITHIN!**



B.Sc. Physical Education

SHAPE THE FUTURE OF SPORTS AND WELLNESS

Duration: 3 Years | 6 Semesters | Full-Time | Regular

Eligibility: Pass in 10+2 / HSC / Equivalent from a recognized board

Preference for students with sports background or NCC/NSS participation



M.Sc. Sports Management

WHERE SPORTS MEETS STRATEGY

Duration: 2 Years | 4 Semesters | Full-Time | Regular

Eligibility: Bachelor's Degree in any discipline from a recognized university



P.G. Diploma in Yoga (PGDY)

EMPOWERING WELLNESS, ENHANCING LIVES

Duration: 1 Year | Full-Time | Regular

Eligibility: Bachelor's Degree in any discipline from a recognized university



P.G. Diploma in Strength and Conditioning (PGDSC)

**BUILD PERFORMANCE. PREVENT INJURY.
EMPOWER ATHLETES.**

Duration: 1 Year | Full-Time | Regular

Mode: Regular / On-Campus

Eligibility: Bachelor's Degree in any discipline from a recognized university



Ph.D. in Physical Education (Both full-Time and Part-time)

Why Choose HITS?

Expert Faculty | State-of-the-art Sports & Research Infrastructure | Gymnasiums | Internships | Certification Programs
Workshops | Sports Tech Tools | Active Collaborations | Physiocare Lab | Opportunity to Work with Sport Teams
Participation in Tournaments | Placement Support

Career Opportunities

Coach | Sports Manager | Sports Marketing & Branding Executive | Facility Manager | Therapist and More

OUR SUCCESS STORIES:

PLAY FOR HINDUSTAN, WIN FOR INDIA!



Dinesh Karthik
B.Tech. CSE
Former International Player & IPL



Washington Sundar
BBA
International Player & IPL



Sharukh Khan
MBA
International Player & IPL



Dharshini
B.Com
International & Indian Railways



Talitha Maria U
Chemical Engineering
National Games



Saam Anwar
B.Tech. EEE
International Player



S. Subashini
B.Sc (Physical Education)
International Player



Afshan Fathima
B.Taech. ECE
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B.Com
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S. Lakshmanaan
M.Sc (Sports Management)
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