HINDUSTAN
INSTITUTE OF TECHNOLOGY & SCIENCE
(DEEMED TO BE UNIVERSITY)

PG DIPLOMA IN CHILD AND ADOLESCENT COUNSELLING
CURRICULUM - ANNUAL PATTERN 2025-2026

S. No.	Course Category	Course Type	Course Code	Course Title	L	T	P	C	S	TCH / week	Total hours
Year - I											
1	PC	TP	HDC14001	INTRODUCTION TO COUNSELLING AND PSYCHOTHERAPY	2	0	4	8	1	6	180
2	PC	TP	HDC14002	PSYCHOPATHOLOGY	2	0	4	8	2	6	180
3	PC	TP	HDC14003	DEVELOPMENTAL PSYCHOLOGY	2	0	4	8	1	6	180
4	PC	TP	HDC14004	THERAPEAUTIC MODALITIES OF CHILD AND ADOLESCENT CARE	4	0	4	12	2	8	240
5	PC	PR	HDC14400	FIELDWORK/SUPERVISION/ CASE PRESENTATIONS	0	0	4	4	0	4	120
6	PC	TP	HDC14005	PSYCHOLOGICAL ASSESSMENTS	2	0	2	6	0	4	120
				TOTAL	12	0	22	46	6	34	1020

L-Lecture, T- Tutorial, P- Practical, C-Yearly Credits, S- Self study, TCH- Total Contact Hours

TOTAL CREDITS FOR ONE YEAR PROGRAMME

S. No.	Year	No. of Credits
1	I	46
TOTAL		46

COURSE TYPE		No. of Credits
Theory with Practical	TP	42
Practical	PR	4
TOTAL		46

COURSE CATEGORY		No. of Credits
PC	Professional Course	46
TOTAL		46

HITS-IMAX Coordinator   Dean SoHS   Director - IQAC

Dean Academics   Vice Chancellor